

**Hot Lunch**  
**Monday – Friday**  
**12 p.m. \$4.00**  
**Reservations by 11:15**

**DARIEN SENIOR CENTER CALENDAR**  
**NANCY ZENGO, DIRECTOR**  
**CAROLYNN LEWIS, THURS. & FRI., ASSIST. DIRECTOR**  
**SENIOR CENTER (203) 655-1705 & 656-7453**  
**MAY, 2008**

**Woodworking Shop**  
**Monday-Friday**  
**All kinds of**  
**repairs done**

THURSDAY, MAY 1	WEDNESDAY, MAY 7 (continued)
Indoor Walking Group – 9:00 a.m. Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. Movie – 10 a.m. <b>NCC Lifetime Learners – Registration Required</b> Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”</b> <b>354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. <b>Mah Jong – drop in – 12:30</b> Short Story with Carroll Stenson – 1 p.m. <b>HOT Topics for Seniors</b> -Computer web search – 2 pm	<b>Circle Ball w/Nancy – 1:30 p.m.</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b> <b>THURSDAY, MAY 8</b> Indoor Walking Group – 9:00 a.m. <b>NCC Lifetime Learners – Registration Required</b> Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”</b> <b>354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. <b>Mah Jong – drop in – 12:30</b> Short Story with Carroll Stenson – 1 p.m.
FRIDAY, MAY 2	FRIDAY, MAY 9
Indoor Walking Group in the Gym – 8:45 a.m. <b>“Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30</b> Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. <b>NCC Lifetime Learners – Registration Required</b> Oil Painting – 10:a.m Ancient Art of Stone Carving – 10 a.m <b>Beginner Level Conversational Spanish - 10 am</b> Spanish – 11 a.m. Drs. Bob and Jan Miller will not be with us but <b>“Current Events” is still on at 12:30 p.m.</b>	Indoor Walking Group in the Gym – 8:45 a.m. <b>“Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30</b> Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. <b>NCC Lifetime Learners – Registration Required</b> Oil Painting – 10 a.m. Ancient Art of Stone Carving – 10 a.m. <b>Beginner Level Conversational Spanish- 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – <b>“Currents Events”12:30</b>
MONDAY, MAY 5	MONDAY, MAY 12
Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. <b>Diabetes Support with Bob – 10-11 a.m.</b> Quilting with Sandy – 9:30 a.m. Exercise with Kinsey – 10:00 a.m. Discussion Group – 11:00 a.m. <b>“Darts” – 11: a.m.</b> <b>Ballet Class 11-12 noon \$4/class</b> <b>Senior Men’s Group will sing – 12:45 p.m.</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito 1pm	Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Exercise with Kinsey – 10:00 a.m. Discussion Group – 11:00 a.m. <b>Blood Pressure – 11 a.m.</b> <b>“Darts” – 11: a.m.</b> Ballet Class 11-12 noon \$4/class <b>“Harmonica Guys” will entertain– 12:45 pm</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito 1pm
TUESDAY, May 6	TUESDAY, MAY 13
Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Walk-in computer class – 9:45-11:45 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m. <b>“Red Hat Ladies” visit us and The Serendipity</b> <b>Group will entertain – 12:45 p.m.</b> Beginner’s Italian 12:45-1:45 p.m. Italian Conversation – 2-3 p.m.	Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. <b>Walk-in computer class – 9:45-11:45 a.m.</b> Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m. Beginner’s Italian 12:45-1:45 p.m. Italian Conversation – 2-3 p.m.
WEDNESDAY, MAY 7	WEDNESDAY, MAY 14
Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class <b>“Piano Fun” with Nancy – 11:30 a.m.</b> <b>“Let’s Talk” w/Louis Rosenfeld – 12:45</b>	Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class <b>“Piano Fun” with Nancy – 11:30 a.m.</b> <b>“Let’s Talk” w/Louis Rosenfeld – 12:45</b> <b>Circle Ball with Nancy – 1:30 p.m.</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>

<b>THURSDAY, MAY 15</b>	<b>THURSDAY, MAY 22 (continued)</b>
Indoor Walking Group – 9:00 a.m. Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. Movie – 10 a.m. <b>NCC Lifetime Learners – Registration Required</b> Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. Chess – 12:30 p.m. Short Story with Carroll Stenson – 1 p.m. <b>HOT Topics for Seniors</b> -Computer web search – 2 pm	<b>Yoga @Elements Yoga Center “Young At Heart”</b> <b>354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. <b>Mah Jong – drop in – 12:30</b> Short Story with Carroll Stenson – 1 p.m.
<b>FRIDAY, MAY 16</b>	<b>FRIDAY, MAY 23</b>
Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. <b>NCC Lifetime Learners – Registration Required</b> Oil Painting – 10 a.m. Ancient Art of Stone Carving – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Drs. Bob and Jan Miller will not be with us but “Current Events” is still on at 12:30	Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. Ancient Art of Stone Carving – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – “Currents Events”12:30
<b>MONDAY, MAY 19</b>	<b>MONDAY, MAY 26</b>
Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Exercise with Kinsey – 10:00 a.m. Discussion Group – 11:00 a.m. “Darts” – 11: a.m. Ballet Class 11-12 noon \$4/class <b>Reverse Mortgage speaker, Fran Schiner– 12:45 p.m</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito	<b>CLOSED</b> <b>MEMORIAL DAY</b> <b>LOOK FOR US MARCHING IN THE PARADE</b>
<b>TUESDAY, MAY 20</b>	<b>TUESDAY, MAY 27</b>
Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. <b>Walk-in computer class – 9:45-11:45 a.m.</b> Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m. Beginner’s Italian 12:45-1:45 p.m. Italian Conversation – 2-3 p.m.	Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. <b>Walk-in computer class – 9:45-11:45 a.m.</b> Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m. Beginner’s Italian 12:45-1:45 p.m. Italian Conversation – 2-3 p.m.
<b>WEDNESDAY, MAY 21</b>	<b>WEDNESDAY, MAY 28</b>
Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. “Let’s Talk” w/Louis Rosenfeld – 12:45 <b>Circle Ball with Nancy – 1:30 p.m.</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>	Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. Library program – 12:45 <b>Circle Ball with Nancy – 1:30 p.m.</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>
<b>THURSDAY, MAY 22</b>	<b>THURSDAY, MAY 29</b>
<b>Trip to Port Jefferson with New Canaan Senior Center pre-paid reservation required. Depart from Waveny for ferry at 9:00 a.m.</b> Indoor Walking Group – 9:00 a.m. Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. Movie – 10 a.m. Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m.	Indoor Walking Group – 9:00 a.m. Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. Movie – 10 a.m. Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”</b> <b>354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. <b>Mah Jong – drop in – 12:30</b> Short Story with Carroll Stenson – 1 p.m. <b>HOT Topics for Seniors</b> -Computer web search – 2 pm
<b>FRIDAY, MAY 30</b>	<b>FRIDAY, MAY 30</b>
Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. Ancient Art of Stone Carving – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – “Currents Events”12:30	Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. Ancient Art of Stone Carving – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – “Currents Events”12:30

**The computer Room is open for you use Monday, Wednesday, Thursday and Friday from 9 a.m. – 2 p.m. and on Tuesdays, 12 noon – 2 p.m.**